The following is a camp dress code and packing list of items recommended for camp. Make sure to take into account the coastal Northwest climate as the weather can vary and may be chilly and damp at times. So please pack accordingly. Please make sure to mark your child’s full name on everything possible with either labels or laundry markers. It is much easier for our staff to track down the owner of a lost item if it has been labeled. And there are no guarantees that we will be able to return lost items that are unlabeled to their owners. Camp is not responsible for lost belongings. Please be advised that campers do not have use of a laundry facility on the camp premises. The laundry machines at camp are reserved for emergency purposes only. However, our complimentary SAC Laundry Service is available to all full session campers. More details can be found below. This service can greatly reduce the quantity of clothes (see asterisked on list below) needed to be packed for camp.

All items should be packed in proper luggage (i.e. suitcases, backpacks or duffel bags), marked or tagged with the camper’s first and last name. It is extremely helpful if campers are familiar with their luggage, sleeping bag etc and can identify them in a pile of luggage. You may want to review these details ie quantity and appearance of items, with your camper(s) ahead of time. Use of plastic garbage bags in place of proper luggage is strongly discouraged and may result in belongings that are misplaced or inadvertently disposed of. SAC is not responsible for and cannot guarantee the safe return of items packed in trash bags.

**Dress Code**

**Boys Dress Code:**

- Tank tops are not acceptable (unless during sports)
- Shirts must be worn at all times (even during sports)
- Kippah or baseball hat must be worn at all times
- Pants (not sweatpants) must be worn during Tefillah (prayer)
- Shabbat attire should include nicer shirt and pants (button down or polo and khakis or slacks are all fine).

**Girls Dress Code:**

- Shirts must be short sleeved or longer (no cap or sleeveless shirts).
- Shirt necklines should not be revealing.
- Sweatpants and jeans are acceptable.
- Leggings are permitted only when worn under a long shirt, dress or shorts.
• Skirts are acceptable (but not mini-skirts).
• Skirts must be worn to Tefillah (but may be left at Synagogue to put over shorts or pants)
• Shower robe should be worn to and from shower house (if applicable)
• Shabbat attire should include skirt or dress that comes to knee, covers shoulders and is not revealing.

Mandatory Items:

Boys:
• 3-5 Kippot  (Please note that SAC kippot are available for purchase at $10 each).
• Tefillin – (Bar Mitzvah age and older/should be in a protective case or zip pouch)
• Talit (optional depending on your family custom/should be in a protective case or pouch)
• Shabbat Clothing (khaki type pants and collared shirts)

Girls:
• Skirt  (for daily tefillah)
• Shabbat Clothing (Skirts/Dresses )

All Campers:
• 1-2 Water Bottles  (Name should be marked clearly on these)
• 1-2 Hats
• Sunscreen
• Bug Repellent
• Toiletries  (soap, shampoo, toothbrush, toothpaste, hairbrush, deodorant)
• Flashlight  (and extra batteries)
• Sleeping Bag  *see note below (ideally in a protective sack, jumbo Ziploc or plastic bag)
• Blanket  *See note below  (Should fit a twin size bunk. Camp can get be chilly at night)
• 2 Fitted Sheets  (twin size)  *see note below
• 2 Pillow Cases
• 1 Pillow  (should either fit into luggage or be enclosed in a protective bag or jumbo Ziploc)
• 6 Large Towels  (3 shower/3 pool/ocean) –  *(half this quantity if using the SAC Laundry Service)*
• 1-2 Face or Hand Towels
• 2 – 3 Swim Suits
• 1 Large Laundry Bag  (but not a garbage bag). Please note that we are offering laundry service this year which includes a complimentary SAC Laundry Bag.  Please refer to Laundry section on page 4 for more information.

*NOTE REGARDING BEDDING:

B1, B2, G1, G2 cabins (entering 3rd – 6th grade) can choose between fitted sheets/blanket OR sleeping bags but do not need both.  All other cabins (B-3, B-4, G-3, G-4 & CIT’S – entering 7th grade and up) need BOTH sheet/blanket set AND a sleeping bag.  Pillow and pillow cases are required for all campers.  We suggest that bedding and sleeping bags be placed in protective bags or jumbo Ziplocs (but not trash bags).
**General Items:** (Tailor to suit your child’s clothing needs)
*These items can be scaled back if you use the complimentary laundry service described below.

All Campers:

- 15 Pairs of Underwear*
- 15 Pairs of Socks*
- 6 Shorts*
- 4-6 Jeans, Pants, Sweatpants or Casual Skirts*
- 10-14 T-Shirts*
- 2 Sweatshirts/Sweaters or Down/Fleece Vest (a must have do to chilly climate)
- 1 Jacket with Hood (Light to medium weight)
- 2 - 3 Pairs Pajamas*
- 1 Bathrobe (optional for walking to/from showers)
- Shabbat Shoes (Optional – Most kids do not bring special Shabbat shoes as camp ground can tend to me dusty and/or muddy)
- 1 Pair Walking Shoes (Sneakers are fine)
- Hiking Shoes (Optional but recommended to provide more stability during hikes and long walks)
- Water Shoes or Flip Flops
- Camera (Inexpensive or disposable types work great)
- Books/Magazines (feel free to bring a pre-loved book or two to donate to our SAC Lending Library)
- Water Toys/Squirt Guns (Every Friday we have a water fight before Shabbat)
- Swim Goggles
- Letter Writing Accessories (pens, paper, envelope, stamps)
- Musical Instruments (optional)

**Laundry Service Information**

Campers do not have use of a laundry facility on the camp premises. The laundry machines at camp are reserved for emergency purposes only. This year however, we are excited to offer **complimentary SAC Laundry Service** for all full session campers. Campers will be able to load up a large custom SAC laundry bag (which they will receive at camp), full of dirty laundry. The clothes will be laundered by a reputable local laundry business (a different service than the one we used in 2018), approximately one week into camp. The laundry will be returned clean and folded approximately 72 hours later. This service will greatly impact the quantity of clothes need to be packed for camp. There is no extra fee for the laundry service this year. If your camper uses the complimentary laundry service, you can scale back the quantity of clothing to bring to only 10 days of clothing as opposed to 17 days worth. In either case, labeling each item is advisable.
WHAT NOT TO BRING TO CAMP

No Food or Candy:

For reasons of health (allergies), kashrut, and pest control we do not allow personal food or candy of any sort to be brought or sent to camp. SAC provides extra snacks daily. Again, please do not send food items of any kind with your camper(s) or include food in care packages sent up to camp.

Other items that are NOT permitted:

For health and safety reasons campers are not permitted to bring the following:

- Cell phones and electronic devices (please review the next section for details)
- Weapons, knives, hatchets or sharp edged tools or object
  (If needed for camp-outs, we will provide)
- Illegal drugs, cannabis products or alcoholic beverages
- Tobacco or cannabis products in any form
- Air guns or projectile devices
- Fans
- Matches, lighters, fireworks, flammable materials or any other related items
- Portable heaters
- Any type of cooking appliances
- Mini refrigerators

It is the parent’s responsibility to make your children aware of these restrictions and that none of the aforementioned items are packed or brought to camp. We do not permit the use or possession of weapons, illegal drugs, alcohol, cannabis or tobacco products at camp. Violation of this policy will not be tolerated and will result in the camper being sent home immediately at his or her parent’s expense.

Valuables that are highly discouraged:

Jewelry, expensive clothing, cameras or other electronic devices, expensive games/toys, excessive cash in bunks, etc. are discouraged. SAC is not responsible for loss or damage of these items.

POLICY REGARDING CELL PHONES AND ELECTRONIC DEVICES

1. No Cell Phones

It is our policy that campers are not permitted to have a cell phone (or any other device that can connect to the internet) at SAC. We believe that being at camp is an opportunity for your child to develop mature interpersonal and social skills. To develop these skills, it is necessary for our campers to leave their cell phones at home and interact with one another to learn how to navigate a variety of social situations. It is impossible to assume that our children will become adept at
understanding the nuance laden landscape of human interactions if they spend more time interacting with an electronic device than with people.

The only time campers will be allowed to use cell phones is to communicate with parents while they are traveling to and from camp. Once a camper has arrived at camp, the cell phone will be collected by our staff and returned on the last day of camp.

If a cell phone is found after the first day of camp, it will be confiscated and returned on the last day of camp.

2. **Permitted Cell Phone Use by CITs**

CITs can bring cell phones to camp for very limited use (e.g., off-premise trips or hikes) as deemed necessary by the Camp Director. When not in use, CIT’s phones will be in safe keeping in the office of the Camp Director. Any CIT who abuses this privilege will have his or her phone confiscated and returned on the last day of camp.

3. **Limited use of iPod/MP3 Players**

We recognize that some campers have a real need for personal down-time. SAC recognizes this and has set aside appropriate times during the day specifically for this purpose. If you child must have their music at camp for personal down-time, please send iPods without video or Wi-Fi access (e.g., iPod Shuffle or Nano). Or, ideally, you should purchase an inexpensive audio MP3 device.

No camper may use any permitted electronic device during regular programming hours. If this occurs, the device will be confiscated and returned on the last day of camp.

Please remove all movies, TV shows, other videos, or games from any iPod/MP3 player. Any iPod/MP3 player that contains such content will be confiscated and returned at the last day of camp.

Please note that we will confiscate any music playing devices that contain music with inappropriate lyrics. We recommend that parents review the music choices that are on your child’s iPod before coming to camp.

4. **Other Prohibited Electronic Devices**

Hand-held game devices, laptops, tablets (including iPads, Samsung Galaxy, Amazon Fire, and Kindles, etc.), portable DVD players, and other similar devices are not allowed at camp. If your child brings any such device, the device will be confiscated and returned on the last day of camp.

If your child brings a device that we may have omitted from the list above, please understand that it will be up to the Camp Director’s sole discretion to allow its use.

**SAC is not Responsible for Lost, Damaged, or Stolen Devices**

Please be advised that if your child brings any electronic device to camp (whether permitted or not), it may get lost, damaged, or stolen. SAC cannot and will not be responsible, for any reason, for their loss or damage, nor does our insurance policy cover their replacement. You assume 100% of the risk associated with your child bringing any device to camp.