



Parent Information Packet SAC 2017

Dear SAC Families,

Sephardic Adventure Camp is preparing for an exciting SAC 2017 Camp Season! This packet will give you some helpful details and answer many questions. We encourage both new and returning camp families to read these materials carefully, as a great deal of updated and important information is included.

We are thrilled with our fantastic staff and new innovative programming planned for 2017! We are also very excited about our move to Ocean Park Camp and Retreat Center in Ocean Park, WA. This new venue is up to date, well cared for and offers our camp so many wonderful amenities and features in a beautiful location on the Long Beach Peninsula.

As always, please do not hesitate to call our office should you have any questions or concerns. We look forward to an exciting and memorable SAC Summer 2017!

The SAC 2017 Board and Staff

GENERAL INFORMATION

Camp Dates for SAC 2017:

Full Session: July 25 – August 10th

One week session: July 25 – August 2nd

Camp Fees:

Please note that Camp deposits are non-refundable. The balance of camp fees are due in full by June 8th. Unless you have contacted the office to set up a payment plan, or are awaiting financial aid award status, full payment is due by this time. If you would like to set up a payment plan please call or e-mail the office and we will be happy to set this up for you at no additional charge. Please note that your camper's space may be forfeited at the discretion of camp management and camp's cancellation policy will be enforced if the balance is not paid in full by June 8th or if payment plan arrangements have not been made with our business office.

Camp Scholarships:

At Sephardic Adventure Camp we strive to ensure that no camper is denied a SAC experience due to financial hardship. In order to meet this important goal, in addition to awarding SAC scholarships from our own organization, we have teamed up with the Jewish Federation of Greater Seattle and other agencies. You can

find out more about scholarship opportunities on our website under “Summer 2017”, “Fees and Scholarships”. We also encourage you to participate in our various fundraising campaigns that go toward SAC scholarship awards and camp programming. Every dollar makes a difference, so please consider a contribution toward our scholarship program. You can find more information under the “Donate/Donors” section of our website.

Camp Forms:

The following paper forms must be submitted to the SAC office no later than June 20, 2017:

- Medical Forms (4 parts)
- Code of Conduct Agreement
- Anti-Bullying Agreement
- Photo Release form
- Activity Waiver(s)

You can access all needed forms via Campintouch at <https://sephardicadventurecamp.campintouch.com> Some of the forms can be completed and submitted on-line and others must be completed and uploaded to CampMinder or sent either by email to office@sephardicadventurecamp.org, fax - 206-922-5737 or by mail to, SAC Camp, PO Box 28511, Seattle, WA 98118.

Camp Summer Office Hours:

If you have general questions during camp, you can contact our Seattle office: Phone: 206-257-2225 or email: office@sephardicadventurecamp.org. Emails and voicemails will be checked daily and responded to.

There will be a camp blog and pictures emailed regularly to parents, so you can see what is happening at camp!

Please be advised that SAC is Shabbat observant; therefore our office is closed before sundown on Friday and all day Saturday. Our voicemail system will take all calls. Voicemail will be checked after Shabbat and all emergency calls will be returned immediately.

Communicating with Camp:

Reaching a staff member at camp via e-mail:

To reach a staff member (Director, Camp Mom, Nurse, or other staff) via e-mail at camp:

Email: sacsummer1@gmail.com with the person you are trying to reach in the subject line.

Reaching a camper via e-mail:

To send an e-mail message to a camper please e-mail saccamper@gmail.com and enter the name of the camper and bunk in the subject line.

Reaching a staff member via phone (emergencies only):

206-257-2225 ext. 2 (Your message will go directly to a transcribed e-mail that will be checked once hourly between 8am – 9pm and you can expect a prompt response.)

Reaching the Seattle SAC office:

e-mail: office@sephardicadventurecamp.org Phone: 206-257-2225 ext 1

Mailing letters or care packages to camp:

We have our campers write home frequently, but also realize that it is very important and exciting when the children receive letters from home. We recommend that parents write a few days before camp so there will be a letter from home waiting upon arrival. The campers are delighted with this and it can help a great deal with the early adjustment to being away. It helps to focus your mail on what is happening at camp, rather than dwell on what the camper is missing at home or how much you miss them. Please do not be alarmed if the first few letters sound homesick. This is natural, but do let us know if you have any concerns.

Address your mail to campers as follows: Sephardic Adventure Camp - Camper's Name
C/O OPCRC
PO Box C
Ocean Park, WA 98640

We recommend that you send your child with sufficient letter writing materials such as paper, envelopes, stamps and writing implements. You may also want to consider sending along pre-addressed and stamped postcards or envelopes to "ease the burden" of letter writing.

Care Packages to Camp:

For reasons of health (allergies), kashrut, and pest control, we do not allow personal food or candy of any kind to be brought in or sent to camp. Campers will be allowed to enjoy extra snacks and foods from the SAC Snack Shack (further info below), and snacks and fresh fruit will be available throughout the day, for campers to take as they please. Again, please do not send food or candy of any kind with your camper(s) or include food or candy in care packages sent up to camp.

Care packages containing non-food items (ie letter writing materials, books, water toys, forgotten sundries etc.) are permissible. Please find a list of non-permitted items in the "What Not to Bring to Camp" section below.

Please note that care packages will be inspected for food before they are delivered to campers. We cannot guarantee the return of food items mistakenly sent to camp with campers or sent in care packages.

Non-Food care packages can be sent via:

UPS: Sephardic Adventure Camp, Camper's Name,
C/O OPCRC
28511 Vernon Ave.
Ocean Park, WA 98640

USPS: Sephardic Adventure Camp, Camper's Name
C/O OPCRC
PO Box C
Ocean Park, WA 98640

SAC is Kosher and Nut Free:

SAC is a Kosher and Nut-Free. As an orthodox camp, all foods that come in and out of camp are strictly kosher, and under the supervision of the Seattle Vaad. We will not be serving food containing nuts. We do not allow outside food of any sort sent up with, or sent in care packages to campers.

SAC Snack Shack (our canteen):

This year we will be opening up our very own **SAC Snack Shack**, which serves as a canteen for campers. Each day campers will be allowed to come to the SAC Snack Shack and choose snack(s) to enjoy at that time, with their bunkmates. There will also be other opportunities for campers to earn SAC Snacks throughout the day.

Shabbat at SAC:

Shabbat at camp is an extremely special and exciting time for our camp family. It's a time when we detach from our typical daily activities in order to spend time together, engage in fun and exciting programming, and connect with Judaism through delicious foods, songs and praise. As an orthodox camp, we also refrain from using any electronics, electricity, musical instruments. We also create an *eiruv*, that permits our campers to carry items around camp.

Visitation policy:

Please note that SAC does not permit visitors to camp unless arranged ahead of time with the Camp Director.

HEALTH AND MEDICAL INFORMATION

Health Forms:

The health and safety of all our campers is the **primary** concern for everyone at SAC. We therefore, must have a fully completed and signed set of health forms for each camper. These forms, and directions on how to submit them, can be found on your CampinTouch account. You can access this account by going to:

<https://sephardicadventurecamp.campintouch.com> Once you've submitted the health forms, our resident medical personnel will carefully review them. Any special needs and considerations are confidentially communicated to necessary staff (counselors, specialists, chef, etc...). All information is treated strictly confidentially and is shared only with those staff members who have an absolute need to know about any condition that your child may have. We understand parental fears about having their child "labeled" if they provide too much information, and we appreciate the desire to give your child an environment where he or she gets a summer with no pre-judgments. However, since we are ultimately responsible for your child's physical and emotional health, we ask that you provide us with as much information as possible about your child and his or her conditions.

Please note that SAC operates a fully equipped infirmary with trained medical staff on site 7 days a week. In case of emergency, we will use the nearest medical facility.

Insurance:

Every camper must have their own medical insurance coverage. A copy of your card is necessary for our records. (This is part of the Parent Medical Authorization form that can be accessed through your CampinTouch account.) SAC cannot be responsible for any medical expenses incurred during the camp season.

Medication:

Medications of any kind that your child will use during his/her stay in camp must be sent in the original packaging, clearly labeled to indicate your child's full name and name of medications and any physician instructions. Remember,

this includes non-prescription (over the counter) medications. All medications will be kept by the nurse in the infirmary and dispensed at the required times allowing accurate and precise recording of their use. The nurse cannot give medications of any kind without proper authorization detailed in your child's health form. It is not necessary to send such items as aspirin, cold remedies or basic first aid supplies as our infirmary is sufficiently stocked with these items.



SAC Packing List 2017

The following is a camp dress code and packing list of items recommended for camp. Make sure to take into account the coastal Northwest climate as the weather can vary and may be chilly and damp at times. So please pack accordingly. Please make sure to mark your child's full name on everything possible with either labels or laundry markers. Camp is not responsible for lost belongings. Please be advised that camp does not have laundry facilities available to campers. However, please know that there is a laundry facility available to the staff for emergency situations.

All items should be packed in proper luggage (i.e. suit cases, back packs or duffle bags), marked or tagged with the camper's first and last name. Use of plastic garbage bags in place of proper luggage is strongly discouraged and may result in belongings that are misplaced or inadvertently disposed of. SAC is not responsible for and cannot guarantee the safe return of items packed in trash bags.

DRESS CODE

Boys Dress Code:

- Shirts must be worn at all times (even during sports)
- Kippah or baseball hat must be worn at all times
- Pants (not sweatpants) must be worn during Tefillah
- Shabbat attire should include nicer shirt and pants (button down or polo and khakis or slacks are all fine).

Girls Dress Code:

- Shirts must be short sleeved or longer (no cap or sleeveless shirts).
- Shirt necklines should not be revealing.
- Sweatpants and jeans are acceptable.
- Leggings are permitted only when worn under a long shirt, dress or shorts.
- Skirts are acceptable (but not mini skirts).
- Skirts must be worn to Tefillah (but may be left at Synagogue to put over shorts or pants)
- Shower robe should be worn to and from shower house
- Shabbat attire should include skirt or dress that comes to knee, covers shoulders and is not revealing.

MANDATORY ITEMS

3-5 KIPPOT (for boys) Please note that SAC Kippot are available for purchase at \$10 each.

TEFILLIN (Bar Mitzvah boys and older, should be in a protective case or pouch)

SKIRT FOR DAILY TEFILLAH (Girls)

1-2 WATER BOTTLES (name should be marked clearly on these)

1-2 HATS

SUNSCREEN

BUG REPELLENT

TOILETRIES (SOAP, SHAMPOO, TOOTHBRUSH & PASTE, HAIRBRUSH)

FLASHLIGHT AND EXTRA BATTERIES

SLEEPING BAG *see note below (ideally in a protective sack, jumbo Ziploc or plastic bag)

BLANKET *See note below (Should fit a twin size bunk. Camp can get be chilly at night.)

2 FITTED SHEETS *see note below

2 PILLOW CASES

1 PILLOW (should either fit into luggage or be enclosed in a protective bag or jumbo Ziploc)

6 TOWELS (3 shower/3 pool/ocean)

1-2 FACE OR HAND TOWELS

2 – 3 SWIM SUITS

1 LARGE LAUNDRY BAG (not a garbage bag)

***NOTE REGARDING BEDDING:** B1, B2, G1, G2 cabins (entering 3rd – 6th grade) can choose between fitted sheets/blanket **OR** sleeping bags but do not need both. All other cabins (B-3, B-4, G-3, G-4 & CIT'S – entering 7th grade and up) need **BOTH** sheet/blanket set **AND** a sleeping bag. Pillow and pillow cases are required for all campers. We suggest that bedding and sleeping bags be placed in protective bags or jumbo Ziplocs (but not trash bags).

GENERAL ITEMS (*Tailor to suit your child's clothing needs*)

15 PAIR OF UNDERWEAR

15 PAIRS OF SOCKS

6 SHORTS

4-6 JEANS/PANTS/SWEATS/CASUAL SKIRTS

10-14 T-SHIRTS

2 SWEATSHIRTS/SWEATERS

1 LIGHT TO MEDIUM WEIGHT JACKET WITH HOOD

2 PAIRS PAJAMAS

1 BATHROBE (optional for walking to/from showers)

SHABBAT CLOTHING (GIRLS MUST WEAR SKIRTS/DRESSES - BOYS MUST WEAR KHAKI TYPE PANTS AND COLLARED SHIRTS)

SHABBAT SHOES (OPTIONAL - MOST KIDS DO NOT BRING SHABBAT SHOES AS CAMP GROUND MAY BE MUDDY)

1 PAIR WALKING SHOES (SNEAKERS ARE FINE)

HIKING SHOES (OPTIONAL BUT RECOMMENDED TO PROVIDE MORE STABILITY DURING HIKES AND LONG WALKS)

WATER SHOES AND/OR FLIP FLOPS

CAMERA (DISPOSABLE TYPES WORK GREAT)

BOOKS/MAGAZINES

WATER TOYS/ SQUIRT GUNS (EVERY FRIDAY WE HAVE A WATER FIGHT BEFOR SHABBAT)

SWIM GOGGLES

WHITE SCARVES, WHITE PILLOW CASES, WHITE SHIRTS OR SOCKS TO TIE DYE (optional for special tie dye day)

LETTER WRITING ACCESSORIES (pens, paper, envelope, stamps)

WHAT NOT TO BRING TO CAMP

NO FOOD OR CANDY

For reasons of health (allergies), kashrut, and pest control we do not allow personal food or candy of any sort to be brought or sent to camp. Campers will be allowed to get extra snacks and foods from the SAC Snack Shack (further info below), and snacks and fresh fruit will be available throughout the day, for campers to take as they please. Again, please do not send food items of any kind with your camper(s) or include food in care packages sent up to camp.

VALUABLES

Please leave the following items at home: valuable jewelry, cell phones, video games, computers, any device that has Wi-Fi or any other expensive electronics.

NO STEREOS, COMPUTER GAMES OR CELL PHONES

This summer we ask for your full cooperation in continuing to enforce a key policy. Camper cellular phones and other electronic devices which provide internet access and video files are **strictly prohibited** at camp. Cell phones disrupt the independent environment we try to create at camp and prevent campers from giving their full attention to the program we work hard to provide. If your child has a cell phone, please collect it before they head to camp*.

Please don't send stereos, computer games or cell phones*. **Any cell phone being used at camp will result in the Director taking it away until the end of camp***. Campers may bring a non-Wi-Fi device such as an iPod, a small CD player or walkman to listen to during rest periods or free time, but camp is NOT responsible for any loss or damage.

*Please note that CIT's are allowed to bring cell phones to camp for very limited use as deemed necessary by the Camp Director. When not in use, CIT's phones will be in safe keeping in the office of the Camp Director.

NO DRUGS OR ALCOHOL

We do not permit the use or possession of illegal drugs or alcohol at camp. Violation of this policy will not be tolerated and will result in the camper being sent home.

NO FIRE ARMS, FIRE WORKS, KNIVES, OR MATCHES

If your child is caught with any of these items they will be sent home. Camp fees will not be refunded.

NO STINK BOMBS, FART BOMBS or SHAVING CREAM

Please do not send your camper with these. They will be confiscated.

CONDUCT AT CAMP

As parents, it is your responsibility to make sure that your child understands our policies before leaving for camp. If a child is sent home prior to the end of camp session, parents are expected to pick up their child and the camp fee will not be refunded.

SAC requires all campers and parents/guardians to sign a Code of Conduct behavior agreement and an Bullying and Raiding Policy. These agreements detail the rules and behavior a camper is expected to abide by while at SAC. We ask that all campers listen and follow instructions, respect camp property, complete assigned tasks, and show respect and sensitivity to others. **Any camper who is found violating these rules may be dismissed from camp at the camp director's discretion. There will be no second chances and no refunds.** Please carefully look over and complete the Code of Conduct agreement and Bullying and Raiding Policy. Directions for downloading and returning these forms (along with the medical forms) can be found via your CampinTouch account at <https://sephardicadventurecamp.campintouch.com>.

TRANSPORTATION TO AND FROM CAMP

Out of Town Campers arriving to/departing from SeaTac International Airport:

If your camper(s) is traveling by air from out of town, we ask that you carefully read and complete the Camper Transportation Information Form. SAC will be unable to arrange camper airport pick up/transportation to camp or drop off arrangement to the airport from camp without the receipt of a completed Camper Transportation Information Form. This form will be e-mailed to all families arriving by air. Please contact the office if you did not receive this form/e-mail.

If your camper(s) is flying into Seattle and requires transportation to camp, and/or drop-off service to the airport at the end of camp, please schedule his or her arrival and departure to and from Seattle International Airport, (SeaTac), using the parameters listed below. Campers arriving within the listed parameters will be met by a SAC staff member. The campers will then board SAC charter buses and head straight to camp. At the end of camp, on August 10th, those campers flying out (within the listed flight parameters) will be transported by SAC charter buses directly from camp to the airport for their departures. We will send more detailed transportation information for those flying in to SeaTac in the weeks and days prior to camp.

Flight Parameters:

Tuesday, July 25th – Arrival between 8am – 10am

Thursday, August 10th – Departure between 5 – 7pm

SAC reserves the right to charge a \$50 fee each way for the pick-up and drop of “unaccompanied minors”. Fees will be charged via credit card on file with CampMinder. An unaccompanied minor is an airline passenger between the ages of 5 and 14 years old (airline regulations vary) who travels without an accompanying adult. Please contact the airline carrier to verify their regulations and age definitions regarding unaccompanied minor status.

Local Camper Check-in, Departure and Drop-off for campers in, or driving to the Seattle area:

Early Check in (New info for 2017):

We will be holding early baggage check-in for Seattle area campers and those campers who are already in the Seattle area on **Sunday, July 23rd between 9am – 11am at Sephardic Bikur Holim (SBH)** in the Seward Park Neighborhood of Seattle.

Departure to Camp:

Departure to Camp for local Seattle campers, out of town campers already in the Seattle area, and those campers driving in to Seattle will take place on **Tuesday, July 25th at 9:30am from Sephardic Bikur Holim (SBH)** in the Seward Park neighborhood of South Seattle. At this time, campers who did not check bags at the early baggage check on Sunday will be able to check their bags. SAC buses will be leaving for camp from SBH at approximately 10:30am. **Sephardic Bikur Holim, (SBH), is located at 6500 52nd Ave S, Seattle, WA 98118.** We will send more detailed check-in and timing information in the weeks and days prior to camp.

Return/Bus drop-off:

We will return from camp on August 10th at approximately 2:00pm to Congregation Ezra Bessaroth. **Ezra Bessaroth is located at 5217 S. Brandon, Seattle, WA 98118**, in the Seward Park neighborhood. Exact timing of the return will be announced via e-mail once we have a more precise ETA. Please make arrangements for

someone to meet your camper(s) at Ezra Bessaroth, unless you have made alternate arrangements in advance with our office.

One Week Session campers will return on Wednesday, August 2nd. ETA details for the return trip back to Seattle for One Week Session campers will be announced and families will be contacted with these details.

Lice Check:

We ask that families please check your camper(s) for lice approximately 3 days before camp. "How to" information can be found here: <http://www.wikihow.com/Check-a-Child%27s-Hair-for-Lice> Please note that we will not be conducting lice checks at check-in or up at camp this year. If your child is found to have lice at camp, you will be responsible for any treatment cost incurred by SAC.

Lost and Found:

Lost items MUST be picked up either at camp lost and found before leaving Camp or at Ezra Bessaroth on August 10th. Any items left at Ezra Bessaroth will be donated. SAC is NOT responsible for the return of mistakenly sent food items, lost items or items packed in plastic trash bags.