



## SAC Packing Information 2017

The following is a camp dress code and list of items recommended for camp. Make sure to take into account the coastal Northwest climate as the weather can vary and may be chilly and damp at times. So please pack accordingly. Please make sure to mark your child's full name on everything possible with either labels or laundry markers. Camp is not responsible for lost belongings. Please be advised that camp does not have laundry facilities available to campers. However, please know that there is a laundry facility available to the staff for emergency situations.

All items should be packed in proper luggage (i.e. suit cases, back packs or duffle bags), marked or tagged with the camper's first and last name. Use of plastic garbage bags in place of proper luggage is strongly discouraged and may result in belongings that are misplaced or inadvertently disposed of. SAC is not responsible for and cannot guarantee the safe return of items packed in trash bags.

### DRESS CODE

#### **Boys Dress Code:**

- Shirts must be worn at all times (even during sports)
- Kippah or baseball hat must be worn at all times
- Pants (not sweatpants) must be worn during Tefillah
- Shabbat attire should include nicer shirt and pants (button down or polo and khakis or slacks are all fine).

#### **Girls Dress Code:**

- Shirts must be short sleeved or longer (no cap or sleeveless shirts).
- Shirt necklines should not be revealing.
- Sweatpants and jeans are acceptable.
- Leggings are permitted only when worn under a long shirt, dress or shorts.
- Skirts are acceptable (but not mini skirts).
- Skirts must be worn to Tefillah (but may be left at Synagogue to put over shorts or pants)
- Shower robe should be worn to and from shower house
- Shabbat attire should include skirt or dress that comes to knee, covers shoulders and is not revealing.

# Packing List

## **MANDATORY ITEMS**

3-5 KIPPOT (for boys) Please note that SAC Kippot are available for purchase at \$10 each.

TEFILLIN (Bar Mitzvah boys and older, should be in a protective case or pouch)

SKIRT FOR DAILY TEFILLAH (Girls)

1-2 WATER BOTTLES (name should be marked clearly on these)

1-2 HATS

SUNSCREEN

BUG REPELLENT

TOILETRIES (SOAP, SHAMPOO, TOOTHBRUSH & PASTE, HAIRBRUSH)

FLASHLIGHT AND EXTRA BATTERIES

SLEEPING BAG \*see note below (ideally in a protective sack, jumbo Ziploc or plastic bag)

BLANKET \*See note below (Should fit a twin size bunk. Camp can get be chilly at night.)

2 FITTED SHEETS \*see note below

2 PILLOW CASES

1 PILLOW (should either fit into luggage or be enclosed in a protective bag or jumbo Ziploc)

6 TOWELS (3 shower/3 pool/ocean)

1-2 FACE OR HAND TOWELS

2 – 3 SWIM SUITS

1 LARGE LAUNDRY BAG (not a garbage bag)

**\*NOTE REGARDING BEDDING:** B1, B2, G1, G2 cabins can choose between fitted sheets/blanket **OR** sleeping bags but do not need both. All other cabins (B-3, B-4, G-3, G-4 & CIT'S) need **BOTH** sheet/blanket set **AND** a sleeping bag. Pillow and pillow cases are required for all campers. We suggest that bedding and sleeping bags be placed in protective bags or jumbo Ziplocs (but not trash bags).

## **GENERAL ITEMS** (*Tailor to suit your child's clothing needs*)

15 PAIR OF UNDERWEAR

15 PAIRS OF SOCKS

6 SHORTS

4-6 JEANS/PANTS/SWEATS/CASUAL SKIRTS

10-14 T-SHIRTS

2 SWEATSHIRTS/SWEATERS

1 LIGHT TO MEDIUM WEIGHT JACKET WITH HOOD

2 PAIRS PAJAMAS

1 BATHROBE (optional for walking to/from showers)

SHABBAT CLOTHING (GIRLS MUST WEAR SKIRTS/DRESSES - BOYS MUST WEAR KHAKI TYPE PANTS AND COLLARED SHIRTS)

SHABBAT SHOES (OPTIONAL - MOST KIDS DO NOT BRING SHABBAT SHOES AS CAMP GROUND MAY BE MUDDY)

1 PAIR WALKING SHOES (SNEAKERS ARE FINE)

HIKING SHOES (OPTIONAL BUT RECOMMENDED TO PROVIDE MORE STABILITY DURING HIKES AND LONG WALKS)

WATER SHOES AND/OR FLIP FLOPS

CAMERA (DISPOSABLE TYPES WORK GREAT)

BOOKS/MAGAZINES

WATER TOYS/ SQUIRT GUNS (EVERY FRIDAY WE HAVE A WATER FIGHT BEFORE SHABBAT)

SWIM GOGGLES

WHITE SCARVES, WHITE PILLOW CASES, WHITE SHIRTS OR SOCKS TO TIE DYE (optional for special tie dye day)

LETTER WRITING ACCESSORIES (pens, paper, envelope, stamps)

## WHAT NOT TO BRING TO CAMP

### **NO FOOD OR CANDY**

For reasons of health (allergies), kashrut, and pest control we do not allow personal food or candy of any kind to be brought or sent to camp. Campers will be allowed to get extra snacks and foods from the SAC Snack Shack (further info below), and snacks and fresh fruit will be available throughout the day, for campers to take as they please. Again, please do not send food or candy items of any kind with your camper(s) or include food/candy in care packages sent up to camp. Please note that care packages will be inspected for food before they are delivered to campers. We cannot guarantee the return of food items mistakenly sent to camp with campers or sent in care packages.

### **VALUABLES**

Please leave the following items at home: valuable jewelry, cell phones, video games, computers, any device that has Wi-Fi or any other expensive electronics.

### **NO STEREOS, COMPUTER GAMES OR CELL PHONES**

This summer we ask for your full cooperation in continuing to enforce a key policy. Camper cellular phones and other electronic devices which provide internet access and video files are **strictly prohibited** at camp. Cell phones disrupt the independent environment we try to create at camp and prevent campers from giving their full attention to the program we work hard to provide. If your child has a cell phone, please collect it before they head to camp\*.

Please don't send stereos, computer games or cell phones\*. **Any cell phone being used at camp will result in the Director taking it away until the end of camp\***. Campers may bring a **non-Wi-Fi** device such as an iPod, a small CD player or walkman to listen to during rest periods or free time, but camp is NOT responsible for any loss or damage.

\*Please note that CIT's are allowed to bring cell phones to camp for very limited use as deemed necessary by the Camp Director. When not in use, CIT's phones will be in safe keeping in the office of the Camp Director.

### **NO DRUGS OR ALCOHOL**

We do not permit the use or possession of illegal drugs or alcohol at camp. Violation of this policy will not be tolerated and will result in the camper being sent home.

### **NO FIRE ARMS, FIRE WORKS, KNIVES, OR MATCHES**

If your child is caught with any of these items they will be sent home. Camp fees will not be refunded.

### **NO STINK BOMBS, FART BOMBS or SHAVING CREAM**

Please do not send your camper with these. They will be confiscated.